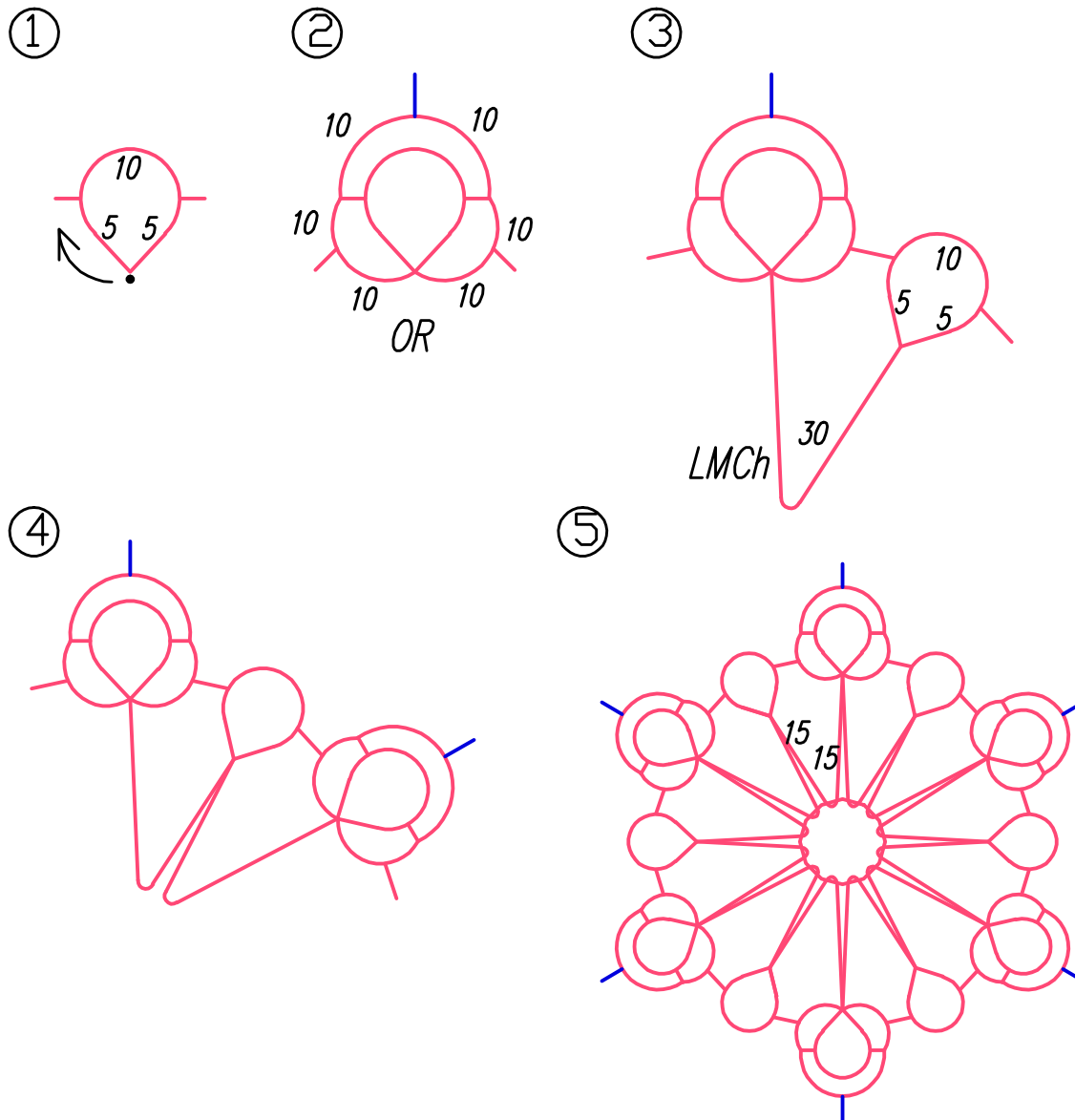


1-shuttle motif



Abbreviations and colours:

long picots – blue lines

OR – onion ring

LMCh – loop made chain

Notes:

⑤ The last LMCh: make 15 nodes, pass the loop through all previous LMChs, put the work on the plane surface to regulate inner hole diameter and continue with the last 15 nodes.

